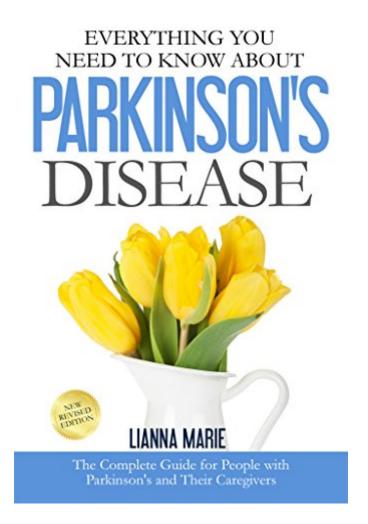
## The book was found

# Everything You Need To Know About Parkinson's Disease





## Synopsis

Everything You Need to Know about Parkinson's - All in One Place! Written in plain, easy-to-understand language, this book teaches you everything you need to know to about Parkinson's Disease, without you guessing or searching endlessly for answers to your biggest questions. This book is the result of 25 years experience and research in living a life with Parkinson's Disease. It's chock-full of vital facts, helpful hints and critical information... all in one easy to read book. Here's some of what you're going to discover: Discover exactly what is Parkinson's Disease. What causes it? How fast does it progress? How to get correctly diagnosed in determining whether it's really Parkinson's disease. Is Parkinson's hereditary? Discover what the latest research shows about whether you should be concerned if your parent or close family ancestry had Parkinson's. 22 of the most common symptoms of Parkinson's Disease. Learn these symptoms so you won't be fooled by other 'look alikes'. What the latest research shows about the most effective ways to slow the progression of Parkinson's. The 5 Stages of Parkinson's and how to identify which stage you're at now. How Parkinson's can affect your life expectancy and whether people die from the disease. It's a lot less scary than you think! Why attending a Parkinson's support group meeting may NOT be the best move for someone who has just been diagnosed with the disease. This book isn't just for the newly diagnosed. Inside you'll learn: What you should know about Essential Tremor and how it's different from Parkinson's Disease. The role that age plays in getting Parkinson's and what you should know about Early Onset Parkinson's. Why anxiety and depression are common in Parkinson's patients and how to best alleviate these negative emotions. The relationship between Parkinson's and Alzheimer's Disease. The real cause of depression in Parkinson's patients whether it's caused by the disease or the side effects of the common medications. What you should know about stress and how this can negatively impact you. Learn 5 simple techniques you can use to alleviate stress and reduce these effects. What you should know about the common medications prescribed for Parkinson's patients and the common side effects and long-term effects of the drugs. Drugs you should avoid while on Parkinson's medication and those you should definitely tell your pharmacist about if you're using them. 12 Ways to reduce nausea, a common side effect of many Parkinson's Disease drugs. You'll find these tips too: 8 Techniques you can use in order to prevent "freezing". You'll learn a neat little trick discovered by accident that works very effectively. Learn how to know if you are getting the most out of your medicine. (How much "off" time is reasonable?) Common things you should avoid to help reduce your tremors. 11 Speech Therapy techniques you can use to improve your speech clarity. 18 Tips for making chewing and swallowing of food much easier (these will come in very handy!) 15 Tips for

helping you to get a better night's sleep. 7 Main alternative treatments for Parkinson's Disease you should know exist. What you should know about the foods you should eat more of and those you should avoid like the plague. What you should know about getting financial help from your government and other agencies Helpful gadgets for people with Parkinson's And much more... Scroll up and get your and get your copy now.

### **Book Information**

File Size: 2019 KB

Print Length: 206 pages

Publisher: Live Fully Publishing (May 14, 2016)

Publication Date: May 14, 2016

Sold by:Â Digital Services LLC

Language: English

**ASIN: B01FPWWCOY** 

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #139,197 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #26 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Parkinson's Disease #45 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System #81 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Alzheimer's Disease

#### Customer Reviews

This is a superior book for understanding Parkinson's Disease and everything that surrounds it. The disease progresses at different rates. My husband's took four years for him to going from seemingly well to almost becoming an invalid. He's scheduled to have the Deep Brain Stimulus procedure which hopefully will prevent so many of the "off" periods. The book explains the various medications with much clarity, which has proved to be most useful. I liked it so much that I purchased The Parksinson's Caregiver's Book by Lianna Marie and am now in the process of reading it (when there's time!). You will not regret purchasing this book if you or your family member has Parkinson's Disease. I highly recommend it!

excellent book in easy understanding wording.....it is written without the clinical way of other books. his mom has the disease and he tells theall the problems surrounding it and some ways of dealing with it. I found it to be much easier reading then other ones, since I have recently beentold I also have this horrible disease.

This book is good for anyone who is going through this, or has a loved one with Parkinson's. It has easy to understand explanations and even helpful tips while going through this. Lianna has done a great job putting a lot of useful information into one book, and it's one that you'll want to reference often.

I'm living as Lianna lived, with a mother who has Parkinson's. Her ideas and tips are helpful especially when learning what the hell this disease is all about!

Overnight this book helped me better understand what my Mom was going through and helped me calm her down during an "off" time. It made her symptoms more easy to understand.

My husband, who has Parkinson's, loves this book that presents very good information from first hand experience. Thanks for sharing this information.

easy to read and well thought out

This book is a basic informative book regarding Parkinsonâ •s Disease which touch so many lives young and old.Knowledge is Power.

#### Download to continue reading...

Everything You Need to Know About Caregiving for Parkinson's Disease (Everything You Need to Know About Parkinson's Disease) (Volume 2) Everything You Need...english To Know About English Homework (Everything You Need to Know about (Scholastic Paperback)) Everything You Need To Know About Parkinson's Disease Heart Disease: Heart Disease Prevention And Reversal Guide To Prevent Heart Disease And Reverse Heart Disease With Heart Disease Prevention Strategies And Heart Disease Diet Advice The Muhammad Ali Parkinson Center 100 Questions & Answers About Parkinson Disease (100 Questions & Answers) The Muhammad Ali Parkinson Center 100 Questions & Answers About Parkinson Disease Everything You Need to Know about

the Dangers of Tattooing and Body Piercing (Need to Know Library) 50 Maths Ideas You Really Need to Know (50 Ideas You Really Need to Know Series) 601 Words You Need to Know to Pass Your Exam (Barron's 601 Words You Need to Know to Pass Your Exam) The Complete Mediterranean Diet: Everything You Need to Know to Lose Weight and Lower Your Risk of Heart Disease... with 500 Delicious Recipes HASHIMOTOS: Hashimotos Thyroiditis, Everything You Need to Know About Hashimotos Disease, Treatments, and Diet Plans to Lead a Productive Life: Hashimotos ... and Take Control of Hashimotos Thyroiditis) What Your Doctor May Not Tell You About(TM) Hip and Knee Replacement Surgery: Everything You Need to Know to Make the Right Decisions (What Your Doctor May Not Tell You About...(Paperback)) Gum Disease Cure (Gum Disease Cure, Periodontal Disease, Gum Disease, Gum Infection, Gingivitis treatment, Tooth Decay) Delay the Disease -Exercise and Parkinson's Disease (Book) By David Zid - Delay the Disease: Exercise and Parkinson's Disease (Spiral Bound) (3/16/07) Woodworking Wisdom & Know-How: Everything You Need to Know to Design, Build, and Create Survival Wisdom & Know How: Everything You Need to Know to Subsist in the Wilderness Planet Law School II: What You Need to Know (Before You Go), But Didn't Know to Ask... and No One Else Will Tell You, Second Edition What Your Doctor May Not Tell You About(TM): Parkinson's Disease: A Holistic Program for Optimal Wellness (What Your Doctor May Not Tell You About...(Paperback)) Overcoming Impotence: A Leading Urologist Tells You Everything You Need to Know

<u>Dmca</u>